

# Student's Guide to Home-Based Learning (HBL)

Marsilians, here are some routines to adhere to for a positive HBL experience



Wash Up



Have a healthy and balanced breakfast



Be properly attired



Set up your learning space



Prepare your learning materials



Maintain a good sitting posture

## Daily Lesson Plan


Where to access the daily lesson plan?



- Go to <https://go.gov.sg/mps-hbl>
- Log in to [Student Learning Space \(SLS\)](#)

## Start of HBL

What to do before you begin your HBL activities?

- Take your temperature 
- Log in to SLS and complete the Daily Check In

## During HBL

What to do during your HBL activities?

- Follow the timetable
- Follow the instructions for each subject in the daily lesson plan
- Adhere to the duration given for each assignment

## After HBL

What to do after you have finished your HBL activities?

- 3Rs (Read, Revise, Relax)
- Take 5! Activities
- Share what you have learnt with your parents

## Online Learning Platforms

If you need assistance with any login or have e-learning issues, you may contact the school's **SLS Helpline** at **6269 6193**



## Begin your Home-Based Learning (HBL)



## Mode of Learning



# Parent's Guide to Home-Based Learning (HBL)

## Getting Ready



### Physical Environment

- Set up an area conducive for learning (e.g. study desk, well-lit, away from distractions and noise)



### Learning Resources

- Ensure your child has his HBL Daily Lesson Plan (School Website) and the relevant materials to complete his work (e.g. stationery, calculator, text/guide books)

### Online Learning

- Make sure your child is familiar with the Login IDs and passwords
- If you experience any login or technical issues, please contact the school's SLS Helpline at **6269 6193**.



## Daily HBL Routine



### "School" Time

- Ensure your child is awake and ready for "school" by 7.30am (e.g. washed up, properly attired, had breakfast)

### "Recess" Time

- Ensure your child continues to have a healthy and balanced diet and participates in Take 5! activities highlighted in his Daily Lesson Plan.

### Recreation Time

- Ensure your child practises the 3Rs (Read, Revise, Relax) after he has completed his HBL assignments for the day (e.g. read a story book, exercise)



## Regular Check-ins



### Learning Support

- Check with your child if he needs any help with his work and support him accordingly.

### Social-Emotional Well-Being

- Have a conversation with your child on his experience at the end of the day.
- Allow your child to share what he has learned and how he feels that day.



## Stay At Home



### Personal Hygiene

- Encourage your child to observe good hygiene practices (e.g. washing hands frequently with soap, doing the wipe-down routine)

### Social Responsibility

- If your child is unwell and displays any fever and/or flu-like symptoms, please inform his Form Teacher and seek medical attention promptly.



# FAQs

## Academic Issues

**Q: Will my child be spending the whole time in front of the computer during HBL?**

*A: HBL is a mixture of online and offline work. Online work can be assignments on SLS or live teaching done by teachers. Offline work includes doing assignments on the respective subject workbooks. Most importantly, there will be aesthetics (PE, Art & Music) work assigned to them as well.*

**Q: Where can I find the work assigned for the day?**

*A: The weekly schedule will be uploaded on [go.gov.sg/mps-hbl](http://go.gov.sg/mps-hbl). If you are not able to access the site from overseas, you may contact your Form Teacher.*

**Q: Why is there no Zoom lesson today?**

*A: Not all days require students to use Zoom or other video conferencing apps. The weekly schedule will list the different types of work assigned for the week.*

**Q: My child is unable to complete the work at the stipulated timing due to siblings using the laptop. My child is only able to complete HBL after I have come back from work. Help?**

*A: Students are encouraged to finish their work at the given timing to build a routine. However, if that is not possible due to the above mentioned reasons, finishing their work at a later time is fine as well. Do take note of not allowing uncompleted work to snowball.*

**Q: My child did not manage to complete today's assigned work. Does it still have to be completed the next day?**

*A: Yes, better late than never. And since learning never stops, don't let a missed deadline prevent the child from learning.*

## **Technical Issues**

**Q: I cannot log into SLS. Help?**

*A: If you have forgotten your password, do contact your Form Teacher or contact the school at 6269 6193 and inform them of the issue.*

**Q: My SLS account is locked. Help?**

*A: Do contact the school at 6269 6193 so they can unlock your account. Unfortunately, a locked account doesn't mean one doesn't need to complete the assigned work.*

**Q: I have typed the correct password but still cannot log in. Help?**

*A: The password will usually contain a mixture of lower and upper case letters. Do ensure that you did not accidentally tURn ON your cAps lOCK by mistake.*

**Q: I cannot open some assignments or I cannot view them properly. Help?**

*A: Do ensure that you are using Google Chrome when using SLS. Some functions are not available on Internet Explorer.*

**Q: I cannot record my audio response on SLS. Help?**

*A: Audio responses may not be compatible with some phones or iPads.*

**Q: I do not have a laptop/ not enough devices to support my children's learning during this HBL period. Help?**

*A: The school is able to loan out laptops for families who require the additional support. Do contact the school for more details.*